



King County

Mental Health, Chemical Abuse and Dependency Services Division

Department of
Community and Human Services

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7-1-1 TTY/TDD

KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE ADMINISTRATIVE BOARD (KCASAAB) MEETING March 5, 2015

KCASAAB Members Present: Joan Clement, Lauren Davis, Pat Godfrey, Mary Ann LaFazia

KCASAAB Members Absent: Elizabeth Andrews, Roger Goodman, Therese Grant, (excused)

Guests Present: Susan McLaughlin, Department of Community and Human Services; Lauri Turkovsky, Division of Behavioral Health and Recovery (DBHR); Peggy Papsdorf, Pioneer Human Services

Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) Staff Present: Bryan Baird, Brad Finegood, Dan Floyd, Andrea LaFazia-Geraghty

Board Chair, Pat Godfrey convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 11:40 a.m. The meeting was held at Chinook Building, 401 5th Avenue, Seattle, conference room 123.

I. Welcome and Introductions ~ Pat Godfrey

Pat welcomed everyone and introductions were made by each person in attendance. A quorum was present for this meeting.

Pat announced Brian Knight resigned his position on the Board. Joan Clement suggested a mentor program be available for new members to help them feel more connected and focus on Board needs.

II. Approval of Minutes ~ Pat Godfrey

The February 5, regular meeting minutes were approved by consensus; no revisions.

III. Integration ~ *Susan McLaughlin*

Ms. McLaughlin disseminated a draft proposal that will sunset the existing KCASAAB and Mental Health Advisory Board (MHAB), for the development of a single board, for the upcoming Behavioral Health Organization (BHO). She discussed the critical points and timelines on how the County will move forward.

Background:

The Washington State legislature passed ESSB 6312 “An Act relating to state purchasing of mental health and chemical dependency treatment services” on March 12, 2014. The bill calls for the **integrated purchasing** of mental health and substance abuse treatment services through managed care by April 1, 2016.

Major changes:

- The BHO will replace Regional Support Networks (RSN) and County Chemical Dependency Coordinators.
 - One BHO in each region.
 - King County MHCADSD would serve as the BHO for the King County region.
- Purchasing of mental health and chemical dependency treatment services through managed care contracts.
 - This already happens for mental health treatment services.
 - Requires significant changes for chemical dependency treatment services moving from a fee-for-service payment structure to a managed care payment environment.
 - The BHO will receive a single, capitated payment for all Medicaid eligible individuals in the region and will assume full financial risk for both mental health and chemical dependency treatment services.
- Increased use of evidence-based, research-based and promising practices.
- Increased accountability for client outcomes and performance measures.

As part of this significant system transformation, the Division of Behavioral Health and Recovery (DBHR) has indicated their intent to require - through contract - a single, integrated Behavioral Health Advisory Board for each BHO. The DBHR will provide general guidelines and requirements for the board in alignment with current and amended statutes.

In order to comply with the new contractual requirements, King County must take steps now to plan for a new Behavioral Health Advisory Board to begin service on April 1, 2016. King County MHCADSD is requesting the assistance of the MHAB and the KCASAAB to work collaboratively and advise MHCADSD in the design of a single Behavioral Health Advisory Board by April 1, 2016.

Goal:

Develop a new, single integrated Behavioral Health Advisory Board that maintains the strengths and expertise of each of the current boards.

Proposed Path Forward:

Bi-monthly joint board meetings beginning April 14, 2015.

- April 2015 – detailed work plan development with proposed approach, key principles, milestones, and timeline
- June 2015 – develop recommendations for proposed membership/configuration of the new board (this will be guided by DBHR requirements) and application process
- August 2015 – by-laws development
- October 2015 – by-laws development; draft legislation
- December 2015 – finalize legislation; final draft of BHAB by-laws
- February 2016 – review membership applications

Transmit an Ordinance to revise King County Code to reflect new Behavioral Health Advisory Board by December 31, 2015.

Invite applications for new board membership beginning January 2016

Select new board members by March 15, 2016

Sunset the MHAB and the ASAAB on March 31, 2016

First Behavioral Health Advisory Board Meeting April 2016

To produce better outcomes, create a better experience for clients, reduce costs, etc., the County is **not** moving forward with the Early Adopter option. Instead, the County will be:

- Contracting with national experts at the Technical Assistance Collaborative, Inc. (TAC) to help determine what the County's unique role should be in the delivery of fully integrated medical, mental health, and substance use disorder treatment services. This work is scheduled to be completed in May 2015.
- Working in partnership with the Health Care Authority (HCA) and the Department of Social and Health Services (DSHS) to develop a pathway to full integration that allows King County to move to full integration as quickly as possible, while assuring clients get the services they need.
- Working with the managed care plans to implement best practices and address the unique challenges that exist in serving people with complex behavioral health conditions.
- Working to integrate mental health and substance abuse treatment services into managed care as Phase I on the path to full integration.
- Creating a Physical/Behavioral Health Integration Design Committee, with broad-based stakeholder participation, in the first quarter of 2015.

- Ensuring that, in the process, we can leverage the \$70 million in local resources spent every year on behavioral health services in King County through the MIDD and the Veterans and Human Services Levy.

Member discussion

Board members requested more time to review the materials and convene a joint meeting to discuss board integration in May 2015, instead of April. Chair Godfrey suggested having a professional facilitate.

Joan Clement expressed substantial concerns about members not having equal access to information or being left out of the information loop; basic decisions seem to have already been made without the input of Board members, (e.g., not an administrative board, but will become an advisory board). She noted additional concerns with input from the County to the state about how the Board should be run and structured, producing a letter Jim Vollendroff sent to the state recommending peer counselors-- employees of providers that receive direct funding that will create a conflict of interest, be included as Board members.

Susan explained Jim's letter is a suggestion to broaden legislation and have additional options for a new Board; final decisions about Board make-up have not been made.

With all the legislative changes in the works, members expressed they do not have a voice.

Members voiced additional clarification is needed on matters before moving forward as it seems guidelines and parameters have already been set without member input.

Brad added he remembered Jim had advised Board members at the June 2014 meeting that Board integration is coming. Going forward, with member input, this gives an opportunity for members to collaboratively craft and shape what the future Board should look like.

IV. Division of Behavioral Health and Recovery (DBHR) UPDATE ~ *Lauri Turkovsky*

The Housing Support Services Program at Recovery Centers of King County (RCKC) closed due to not having enough patients.

Ryther has closed. Amy Martin, Ryther's Youth Program Manager, is in the process of redistributing beds retroactively.

Lauri announced she took a new job with the Department of Health; her last day at DBHR is next Friday. Harvey Funai will return until a replacement is found.

V. A/D COORDINATOR'S REPORT ~ *Brad Finegood*

- Detox
An update was given on Recovery Centers of King County.

- District Court Public Records

An issue came up based upon a court order that references back to a Supreme Court order in 2013, allowing a number of documents submitted to the court to become public record. Of those are substance abuse evaluations, mental health evaluations, and other protected information. Washington courts feel everything should be open to the public, however, King County is in talks with the courts regarding federally protected materials.

VI. NEW BUSINESS

Lauren Davis announced the involuntary chemical dependency treatment Bill passed through House appropriations with a very large fiscal note and named for her friend Ricky. The Bill will move out of House early next week, but needs help with the Senate. She has organized a lobby day on March 30. More information to come.

Pat Godfrey announced the Bill to raise the legal age on tobacco products is currently in house finance, not appropriations, as there is a considerable section on e-cigarettes and vapes under review. The Attorney General and Governor Inslee's people are optimistic this will pass. More information to come.

VII. ADJOURNMENT

Adjourn 1:10 p.m.

Prepared by:
Bryan Baird
Recording Secretary

Attested by:
Pat Godfrey
Board Chair